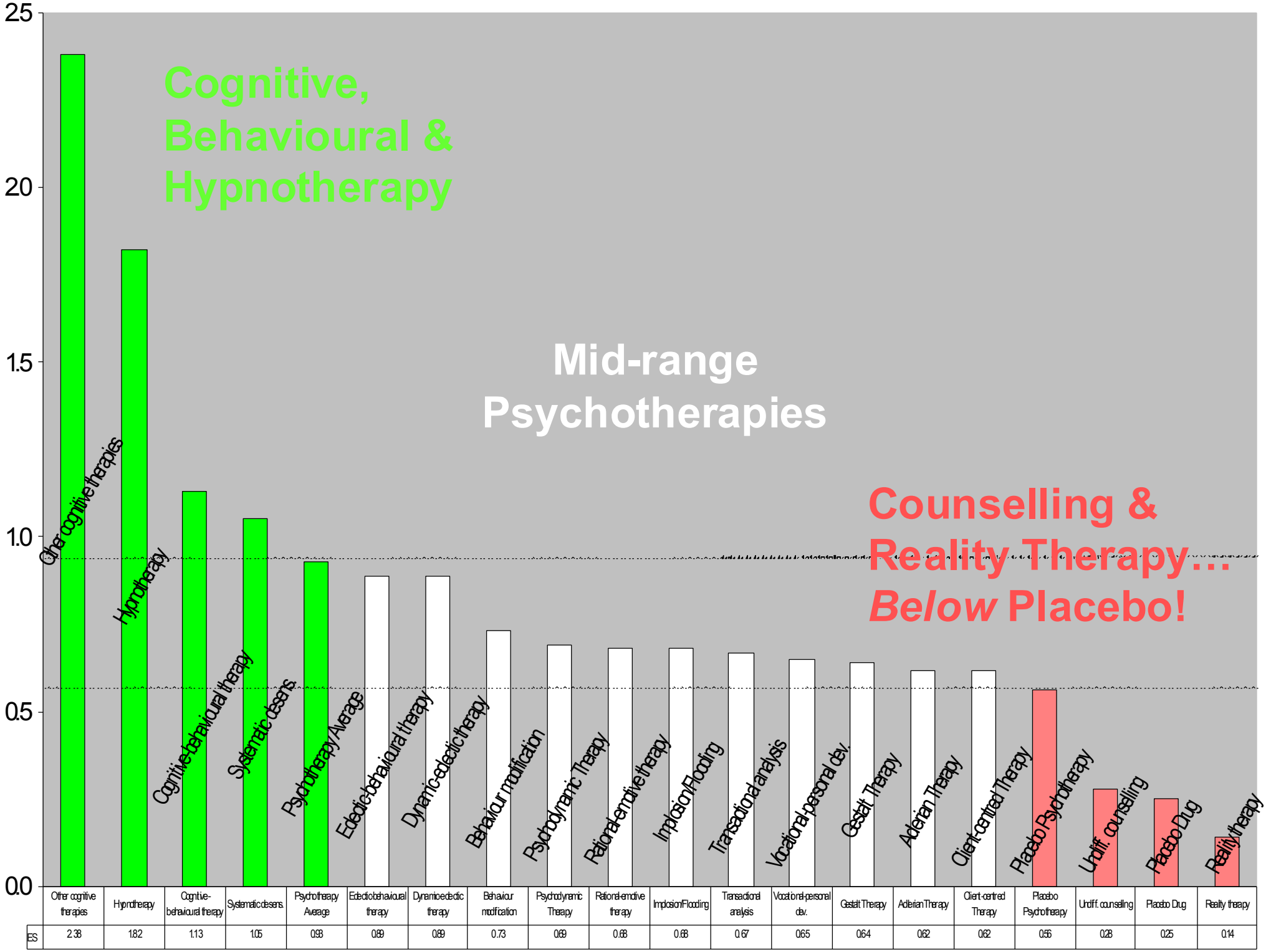

	Other cognitive therapies	Hypnotherapy	Cognitive-behavioural therapy	Systematic desens.	Psychotherapy Average	Eclectic-behavioural therapy	Dynamic-eclectic therapy	Behaviour modification	Psychodynamic Therapy	Rational-emotive therapy	Implosion/Flooding	Transactional analysis	Vocational-personal dev.	Gestalt Therapy	Adlerian Therapy	Client-centred Therapy	Placebo Psychotherapy	Undiff. counselling	Placebo Drug	Reality therapy
ES	2.38	1.82	1.13	1.05	0.93	0.89	0.89	0.73	0.69	0.68	0.68	0.67	0.65	0.64	0.62	0.62	0.56	0.28	0.25	0.14